

Good News

Act of Contrition

Unscramble the bold words in the Act of Contrition below, a prayer we pray out loud in the Sacrament of Reconciliation.

My God, I am **oyrsr** **sorry** for my sins with all my heart. In **nihoosgc** **choosing** to do wrong and failing to do good, I have **nidsne** **sinned** against you whom I should love above all things.

I firmly **tndnie** **intend** , with your help, to do **cneeapn** **penance** , to sin no more, and to **dviao** **avoid** whatever leads me to sin. Our Savior Jesus Christ **udrfseef** **suffered** and died for us. In his name, my God, have **rceym** **mercy** . Amen.

